

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Coachinfo: Warming up from: 08:00 untill 09:25. Teamleadmeeting @ 08:45 The listed starttimes are indicative!

Coaches: Roosen Anouk

Coaches: Beusen Els HEADCOACH

Coaches: Sevenants Marc

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 09:36
Heat: 4/8 Lane : 2 Athlete: GIJSENBURG WINKE					Q-time: 01:23:78
PB (25m pool): 01:23.78 Hannuit 29/11/2025					PB (50m pool): no time SB: 01:23.78 Hannuit 29/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:23.78	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:1, starttime: 09:46
Heat: 1/11 Lane : 4 Athlete: ALLOING MYLAN					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:3, starttime: 09:51
Heat: 3/11 Lane : 2 Athlete: MENTEN SIMON					Q-time: 01:47:44
PB (25m pool): 01:47.44 Tienen 26/10/2025					PB (50m pool): no time SB: 01:47.44 Tienen 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:47.44	
	no time				
					

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Event number: 2: 100M MEDLEY MEN 11+					Heat:3, starttime: 09:51
Heat: 3/11 Lane : 4 Athlete: TOBAC RIK					Q-time: 01:47:41
PB (25m pool): 01:47.41 Tienen 26/10/2025					PB (50m pool): no time SB: 01:47.41 Tienen 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:47.41	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:4, starttime: 09:53
Heat: 4/11 Lane : 2 Athlete: GRÉGOIRE MATS					Q-time: 01:39:64
PB (25m pool): 01:39.64 Hannuit 29/11/2025					PB (50m pool): no time SB: 01:39.64 Hannuit 29/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:39.64	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:4, starttime: 09:53
Heat: 4/11 Lane : 4 Athlete: GODART SIMON					Q-time: 01:38:16
PB (25m pool): 01:38.16 Hannuit 28/03/2026					PB (50m pool): no time SB: 01:38.16 Hannuit 28/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:38.16	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:5, starttime: 09:55
Heat: 5/11 Lane : 2 Athlete: MENTEN WOUT					Q-time: 01:32:18
PB (25m pool): 01:32.18 Liedekerke 01/05/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:32.18	
	no time				
					

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Event number: 2: 100M MEDLEY MEN 11+					Heat:5, starttime: 09:55
Heat: 5/11 Lane : 4 Athlete: LAENEN CID					Q-time: 01:31:56
PB (25m pool): 01:31.56 Hannuit 29/11/2025					PB (50m pool): no time SB: 01:31.56 Hannuit 29/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:31.56	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:6, starttime: 09:57
Heat: 6/11 Lane : 4 Athlete: STERKENDRIES BOAZ					Q-time: 01:20:43
PB (25m pool): 01:20.43 Hannuit 29/11/2025					PB (50m pool): no time SB: 01:20.43 Hannuit 29/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.72		01:20.43	
	00:38.72 00:41.71				
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:6, starttime: 09:57
Heat: 6/11 Lane : 5 Athlete: DECLERQ ARTHUR					Q-time: 01:24:87
PB (25m pool): 01:24.87 Hannuit 29/11/2025					PB (50m pool): no time SB: 01:24.87 Hannuit 29/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:24.87	
	no time				
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:3, starttime: 10:14
Heat: 3/4 Lane : 6 Athlete: BOULIN LOUISE					Q-time: 02:01:78
PB (25m pool): 02:01.78 Sint-Pieters-Leeuw 01/03/2026					PB (50m pool): no time SB: 02:01.78 Sint-Pieters-Leeuw 01/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:56.14		02:01.78	
	00:56.14 01:05.64				
					

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Event number: 7: 50M BACKSTROKE WOMEN 11+			Heat:4, starttime: 11:18
Heat: 4/6 Lane : 3 Athlete: GIJSENBURG WINKE			Q-time: 00:36:36
PB (25m pool): 00:36.36 Vilvoorde 05/10/2025			PB (50m pool): 00:38.50 SB: 00:36.36 Vilvoorde 05/10/2025
	2 5 M	5 0 M	
PB		00:36.36	
		00:36.36	
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:2, starttime: 11:25
Heat: 2/7 Lane : 2 Athlete: MENTEN SIMON			Q-time: 00:49:37
PB (25m pool): 00:49.37 Tremelo 18/01/2026			PB (50m pool): 00:52.22 SB: 00:49.37 Tremelo 18/01/2026
	2 5 M	5 0 M	
PB		00:49.37	
		00:49.37	
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:2, starttime: 11:25
Heat: 2/7 Lane : 4 Athlete: TOBAC RIK			Q-time: 00:48:96
PB (25m pool): 00:48.96 Hannuit 28/03/2026			PB (50m pool): no time SB: 00:48.96 Hannuit 28/03/2026
	2 5 M	5 0 M	
PB		00:48.96	
		00:48.96	
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:2, starttime: 11:25
Heat: 2/7 Lane : 5 Athlete: ALLOING MYLAN			Q-time: 00:50:07
PB (25m pool): 00:50.07 Tremelo 18/01/2026			PB (50m pool): no time SB: 00:50.07 Tremelo 18/01/2026
	2 5 M	5 0 M	
PB		00:50.07	
		00:50.07	
			

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:3, starttime: 11:27
Heat: 3/7 Lane : 1 Athlete: GODART SIMON			Q-time: 00:44:85
PB (25m pool): 00:44.85 Tremelo 18/01/2026			PB (50m pool): no time SB: 00:44.85 Tremelo 18/01/2026
	2 5 M	5 0 M	
PB		00:44.85	
	00:44.85		
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:3, starttime: 11:27
Heat: 3/7 Lane : 5 Athlete: LAENEN CID			Q-time: 00:43:15
PB (25m pool): 00:43.15 Hannuit 28/03/2026			PB (50m pool): 00:43.76 SB: 00:43.15 Hannuit 28/03/2026
	2 5 M	5 0 M	
PB		00:43.15	
	00:43.15		
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:4, starttime: 11:29
Heat: 4/7 Lane : 1 Athlete: MENTEN WOUT			Q-time: 00:39:60
PB (25m pool): 00:41.23 Liedekerke 01/05/2025			PB (50m pool): 00:39.60 SB: 00:42.03 Tremelo 18/01/2026
	2 5 M	5 0 M	
PB		00:41.23	
	00:41.23		
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:4, starttime: 11:29
Heat: 4/7 Lane : 3 Athlete: STERKENDRIES BOAZ			Q-time: 00:38:44
PB (25m pool): 00:38.44 Hannuit 28/03/2026			PB (50m pool): no time SB: 00:38.44 Hannuit 28/03/2026
	2 5 M	5 0 M	
PB		00:38.44	
	00:38.44		
			

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:4, starttime: 11:29
Heat: 4/7 Lane : 6 Athlete: GRÉGOIRE MATS			Q-time: 00:41:22
PB (25m pool): 00:41.22 Hannuit 28/03/2026			PB (50m pool): 00:42.68 SB: 00:41.22 Hannuit 28/03/2026
	2 5 M	5 0 M	
PB		00:41.22	
	00:41.22		
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:5, starttime: 11:30
Heat: 5/7 Lane : 6 Athlete: DECLERQ ARTHUR			Q-time: 00:38:17
PB (25m pool): 00:38.17 Hannuit 28/03/2026			PB (50m pool): 00:39.74 SB: 00:38.17 Hannuit 28/03/2026
	2 5 M	5 0 M	
PB		00:38.17	
	00:38.17		
			

Coach feedback: